

Parenting Program

Are you looking to decrease stress, frustration, and arguments with your child? This program is for you.

Start Date:
Jan. 10th 2018

Time:
5:30pm-6:30pm

Location:
TBA

Parenting can be hard, stressful, frustrating, and at times overwhelming. It can be even harder when a child may have a diagnosis of ADHD, ODD, Conduct Disorder, or Anxiety Disorder.

This program is based on the Incredible Years and is an evidenced-based curriculum to give skills to manage and cope with parenting a child with special needs.

Brad Burklow, MS, LCPC will be the primary facilitator. Brad has over 20 years of experience working with parents, families, and children. With three children of his own, he both advocates and uses the strategies discussed in the group.

- Entry requires a 9 week commitment.
- Meets every Wednesday night for 9 weeks.
- One hour group meetings.
- A mental health assessment or a \$10/ meeting fee is required.

Contact Callie Ellison for more information at 273-3326 ext. 2214 or by email at cellison@egyptian

